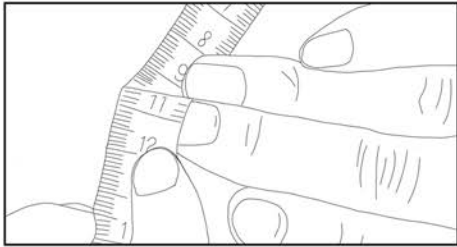
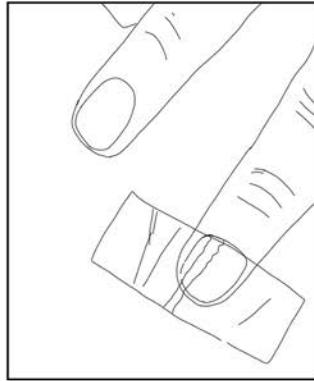


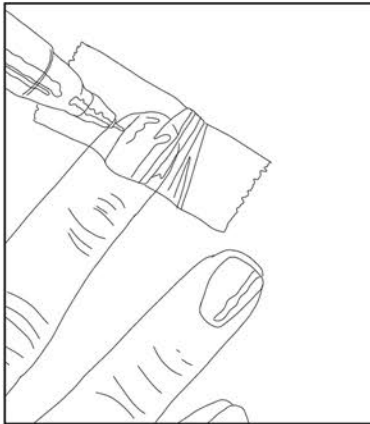
How to Size Your Nails



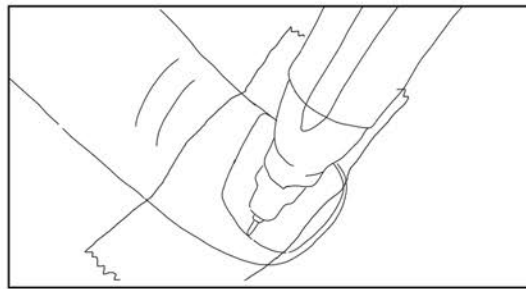
1. Use a flexible ruler to measure your nail at the widest point, or begin at number two for an easier method.



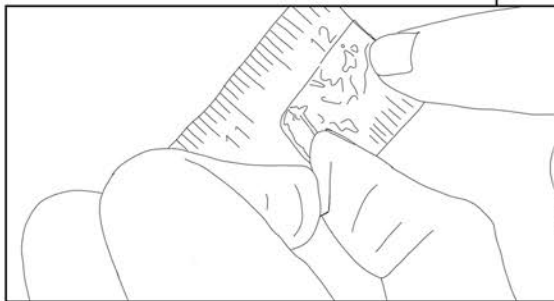
2. Place a piece of transparent tape over your fingernail.



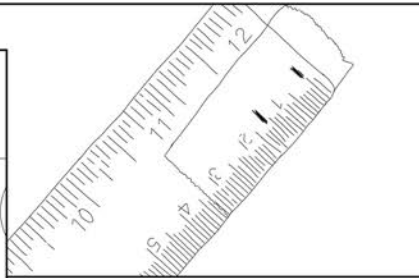
3. Mark one side of your nail at the widest point with a fine tip pen.



4. Next, mark the other side of the nail.



5. Remove the tape with the two marks you've made and place the tap on a ruler with millimeters.



6. Count the millimeters between both marks. That is your size for this nail!

Nail Sizing Chart

Size 0	= 18 mm
Size 1	= 17 mm
Size 2	= 16 mm
Size 3	= 15 mm
Size 4	= 14 mm
Size 5	= 13 mm
Size 6	= 12 mm
Size 7	= 11 mm
Size 8	= 10 mm
Size 9	= 9 mm

Important! Measure all ten fingers as there may be differences between hands. When you're done, use the sizing chart to calculate your sizes.

Be sure to measure more than once! When you're done measuring, you'll have two five digit code sets. For example, 1, 5, 5, 5, 8 and 1, 5, 5, 5, 8 (in this example both sets measure the same).